



# Curriculum Overview – PE

## Key Stage 3

	Year 7	Year 8	Year 9
Autumn	Netball Football Trampolining Dance	Netball Football Trampolining Dance	Netball Basketball Trampolining Badminton
Spring	Rugby Badminton Gym Health	Badminton Handball Gym Table Tennis	Handball Lacrosse Table Tennis Orienteering
Summer	Tennis Cricket Athletics	Tennis Cricket Athletics Health	Rounders Cricket Athletics Health

## Key Stage 4 – GCSE Exam Board: Eduqas



	Year 10		Year 11	
	Core	GCSE	Core	GCSE
Autumn	<p>Netball Badminton</p> <p><b>Electives</b> Sport Leaders</p>	<p><b>Practical</b> Rock Climbing Identifying Activities</p> <p><b>Theory</b> Health, training and exercise  Exercise physiology</p>	<p>Badminton</p> <p><b>Electives Options</b></p>	<p><b>Practical</b> Specific Personalised Training for Chosen Activities</p> <p><b>Theory</b> Socio-cultural issues in physical activity and sport</p>
Spring	<p>Cheerleading Health Orienteering</p> <p><b>Electives Options</b> Sport Leaders</p>	<p><b>Practical</b> Specific Personalised Sport</p> <p><b>Theory</b> Health, training and exercise (continued)  Psychology of sport and physical activity</p>	<p>Team Building</p> <p><b>Electives Options</b></p>	<p><b>Practical</b> Moderation External Examiner</p> <p><b>Theory</b> Movement analysis</p>
Summer	<p>Athletics Rounders</p> <p><b>Electives Options</b> Sport Leaders</p>	<p><b>Practical</b> Coursework</p> <p><b>Theory</b> Psychology of sport and physical activity (continued)</p>	<p>Rounders</p> <p><b>Electives Options</b></p>	<p><b>Practical</b> Complete</p> <p><b>Theory</b> Revision</p>